

## Paraffin bath with additives instruction

1. The paraffin wax therapy heater is one of a kind, easy to use, and allows you to pamper yourself in the comfort of your home after a long day. The depth of the wax should fill half of the tank.
2. Turn on the paraffin wax therapy warmer and it will heat to standard 55 degrees very quickly.
3. Test the temperature on your wrist to make sure it is not too hot.
4. You should dip your hands, elbows, or feet several times to coat them in the soothing wax and place them in a bag to seal in moisture.
5. After a few minutes take off the bag and peel off the paraffin wax. Paraffin hand treatment nourishes your skin by increasing circulation of the blood, soothes and improves your skin's hydration, and decreases the pain of sore muscles.